

WEEK ONE MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Ham & Mushroom Carbonara with Vegetables	Chilli Con Carne & Rice with Vegetables	Roast Pork with Apple Sauce , Roast Potatoes, Vegetables & Gravy	Chicken Curry & Rice with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Vegetarian Chilli & Rice with Vegetables	Mac N Cheese with Garlic Bread and Side Salad	Soft Butternut Squash & Feta Taco with Side Salad	Quorn Sausage & Mash with Vegetables	Vegetable Balti & Rice
Sweetness £1.20	50% Banana Bread & Custard	50% Apple Crumble & Custard	50% Oaty Fruit Crunch	Banana Skin Muffin	Chefs Choice
Concept £2.00	Piri Piri Chicken Pitta	Falafel & Tabouleh Mezze	Piri Piri Chicken Pitta	Falafel & Tabouleh Mezze	Piri Piri Chicken Pitta
Bowl & Co From £1.75	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta

ALLERGIES

Please speak to a member of our team if you have an allergy, and need to know what's in our food dishes so we can advise on your available choices

AVAILABLE DAILY

Baked Potatoes with a range of toppings.

Freshly Made Baguettes, Sandwiches, Wraps and Salads.

MEAL DEALS £1.80

Meat or Meat Free Main & Cookie or Jelly or Piece of Fruit

Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80

Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water

WEEK TWO MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Sausage & Mash with Vegetables	Hong Kong Chow Chow Chicken with Vegetables	Roast Gammon, Roast Potatoes, Vegetables & Gravy	Chilli Beef Wedges with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Spiced Chickpea Burger with Side Salad	Southern Fried Quorn Fillet with Vegetables	Vegetable Chow Mein with Vegetables	Chana Masala & Rice with Vegetables	Spinach & Tomato Tart with Chips
Sweetness £1.20	50% Pineapple Upside Down Cake with Custard	Butternut Squash Muffin	Sticky Toffee Pudding	Carrot Peel & Sultana Flapjack	Chefs Choice
Concept £2.00	Bolognaise and Garlic Bread Burrito or Cauliflower Tikka Burrito	Plant Based Mince Taco or Chicken Taco	Sausage & Mash Burrito or Chinese Vegetable Spring Roll Burrito	Soft Butternut Squash & Feta Taco or Chicken Taco	Bolognaise and Garlic Bread Burrito or Cauliflower Tikka Burrito
Bowl & Co From £1.75	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta

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AVAILABLE DAILY

Baked Potatoes with a range of toppings.

Freshly Made Baguettes, Sandwiches, Wraps and Salads.

MEAL DEALS £1.80

Meat or Meat Free Main & Cookie or Jelly or Piece of Fruit

Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80

Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water

WEEK THREE MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Main £1.65	Toad in the Hole with Vegetables	Chicken Burrito with Wedges and Side Salad	Roast Chicken, Roast Potatoes, Vegetables & Gravy	Cottage Pie with Vegetables	Fish or Salmon Fishcakes with Chips
Meat Free Main £1.65	Jambalaya & Garlic Flatbread with Vegetables	Vegetable Burrito with Wedges and Side Salad	Vegetable Cottage Pie with Vegetables	Potato, Leek & Cheddar Slice with Vegetables	Vegetarian Bolognaise
Sweetness £1.20	Jam & Coconut Sponge & Custard	50% Banana Bread & Custard	50% Apple Cinnamon & Date Crumble & Custard	Carrot Peel & Sultana Flapjack	Chefs Choice
Concept £2.00	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry	Chicken Tikka Kalhi Roll or Aloo Kathi Kebab Roll	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry	Chicken Tikka Kalhi Roll or Aloo Kathi Kebab Roll	Lamb, Potato, Orange & Coconut Curry or Sweet Potato, Orange & Coconut Curry
Bowl & Co From £1.75	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta	Cheese Pasta	Tomato & Basil Pasta

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AVAILABLE DAILY

Baked Potatoes with a range of toppings.

Freshly Made Baguettes, Sandwiches, Wraps and Salads.

MEAL DEALS £1.80

Meat or Meat Free Main & Cookie or Jelly or Piece of Fruit

Simple Sandwich or Baguette, Cookie or Jelly or Piece of Fruit & 500ml Water

MEAL DEALS £1.80

Jacket & 1 Filling, Cookie or Jelly or Piece of Fruit & 500ml Water
Pasta & Sauce, Cookie or Jelly or Piece of Fruit & 500ml Water
Cheese Pizza, Cookie or Jelly or Piece of Fruit & 500ml Water

MID MORNING BREAK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Paninis £1.90	BBQ Chicken	Cheese & Red Onion	Tuna Melt	Cheese	Ham & Cheese
Toasties £1.45	Cheese	Ham & Cheese	Cheese & Tomato	Ham & Cheese	Cheese
Meat Pizza £1.45	Pepperoni Pizza Bagel	Pepperoni Slice	Pepperoni Pizza Bagel	Pepperoni Slice	Pepperoni Pizza Bagel
Cheese Pizza £1.35	Margherita Slice	Cheese & Tomato Pizza Bagel	Margherita	Cheese & Tomato Pizza Bagel	Margherita Slice
Bowl & Co From £1.75	Ramen with Egg Noodles & Chicken	Cheesy Pasta	Ramen with Egg Noodles & Tofu	Tomato & Basil Pasta	Ramen with Egg Noodles & Chicken

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AVAILABLE DAILY

Waffles, Pancakes & Pretzels
Freshly Made Baguettes, Sandwiches, Wraps and Salads.