

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Thai Red Chicken Curry
and Wholegrain Rice*

Naan Bread

Peas

Black Eyed Bean Veggie
Burger

Cajun Wedges

Chop Chop Salad

Fresh Fruit Pots

Pork Sausage and
Red Onion Gravy

Mashed Potato

Broccoli

Smoky Cauliflower
Cheese

Garlic Bread*

Corn on the Cob

Apple Cracknell

Roast Turkey
& Gravy

Roast Potatoes

Carrots

Sweet Potato & Black
Bean Enchilada

Paprika Wedges

Peas

Yoghurt Pots with Fruit

Cottage Pie

Cabbage

Broccoli

Veg & Bean Quesadilla

Tomato and Herb Rice

Baked Beans

Apple and Blackberry Pie

Battered Fish Fillet

Chips

Peas

Veggie Quarter Pounder

Chips

Corn on the Cob

Chocolate Brownie



WEEK TWO

MONDAY

Cajun Chicken with Salsa and Wholegrain Rice*

Broccoli

Garlic Bread

Halloumi & Roasted Vegetable Wrap

Paprika Wedges

Baked Beans

Fresh Fruit Salad

TUESDAY

Creamy Chicken and Mushroom Pot

Cajun Wedges

Cabbage

Garlic & Herb Mac 'N' Cheese

Garlic Bread

Southern Greens

Apple and Blackberry Pie

WEDNESDAY

Pork Sausage and Red Onion Gravy

Mashed Potato

Carrots

Sweet Potato & Black Bean Enchilada

Garlic & Herb Wedges

Peas

Fruity Flapjack

THURSDAY

Chicken Korma and Pineapple Rice

Naan Bread

Broccoli

Quorn Cheese Burger

Garlic Bread

Corn on the Cob

Peach Crumble

FRIDAY

Salmon Fishcake***

Chips

Peas

Quorn Sausage Pattie & Cheese Bun

Chips

Peas

Carrot cake



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Beef Chilli	Chicken Tikka Masala and Wholegrain Rice*	Roast Beef and Gravy	Beef Lasagne	Battered Fish Fillet
Mexican Yellow Rice*	Crunchy Vegetable Salad	Roast Potatoes	Peas	Chips
Green Beans	Naan Bread	Broccoli and Carrots	Garlic Bread	Peas
BBQ Quorn and Vegetable Skewer	Sweet Potato Bean Burger	Loaded Triple Mac 'N' Cheese	Cheese & Potato Bake	Cajun Veg & Bean Burrito
Garlic Bread	Carnival rice	Garlic Bread	Paprika Wedges	Chips
Southern Greens	Corn Slaw	Baked Beans	Chop Chop Salad	Broccoli
Wedges of Watermelon	Peach Crumble	Chocolate Brownie	Strawberry & Peach Strudel	Oatie Cookie